

CHALLENGE

2020

COLLABORATION • COMPETITION • CHARACTER



Ambition

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2020 is the start of a new **decade** and it is an **Olympic** year. To celebrate this, we will be joining in with hundreds of schools across United Learning to challenge ourselves **physically** and **creatively**.



## What is Challenge 2020?

- ❖ a physical challenge using the number 2020. (This could be a 20km run every week for 20 weeks or 20 minutes of activity for 20 weeks- be creative!)



### Who is Challenge 2020 for?

- ❖ Whole classes.
- ❖ Individual children- you may want to do a special challenge on your own!
- ❖ Staff at school- all staff will be joining in with 20 minutes of activity each week after school!
- ❖ Parents and the wider community.

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## Why are we taking part in Challenge 2020?

- ❖ Develop teamwork and confidence
- ❖ Develop our physical ability
- ❖ Be ambitious and determined in pushing our bodies
- ❖ Develop creativity
- ❖ Have fun!





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### When will Challenge 2020 Start?

- ❖ To start Challenge 2020 you need to make a pledge as a class and Mrs Oldham needs to have these in writing by Friday 31st January.
- ❖ We will launch next week (3rd February) and it will happen for 20 weeks.
- ❖ We are suggesting that as a class you do 4 minutes of exercise a day, 5 days a week which equates to 20 minutes a week. We will then do that for 20 weeks which makes 2020.





## Parents and The Wider Community

If you want to do your own challenge 2020 or something with your parents, you need to write your pledge and give it to Mrs Oldham by Friday also.

- ❖ Possible things you could do outside of school:
- ❖ 20 minutes walk a day for 20 weeks (this could be walking to school)
- ❖ 20 minutes at an afterschool club for 20 weeks.
- ❖ Practice 20 star jumps 20 times.
- ❖ Practice 20 skips 20 times.



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## Rewards for Children

You will receive a Challenge 2020 reward chart. Each time you do your 4 minute activity, you will stick the sticker on your chart as a reward. There will be a prize for the class that does their 4 minutes every day.





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**Any Questions**

If you have a question, ask your teacher and they will be able to help.

Good luck!



TIMES TABLES

ROCK STARS

HALL OF FAME





The most active class is Y4  
Peridot.

Congratulations!





The highest earner is Sara  
in Y5 Quartz.

The fastest player is  
Adyan in Y5 Quartz.



This week's battle is between all boys and all girls.

The battle starts on 31<sup>st</sup> January and ends on 6<sup>th</sup> of February.